

## EDUCATION

Neal Johnson, M.D. received his B.A. in Biology from the University of Texas, Austin. In 1982, Dr. Johnson obtained his M.D. from Baylor College of Medicine in Houston, TX.

He completed three years of internship and his residency in family practice at Martin Army Community Hospital in Fort Benning, GA.

## MEDICAL CAREER

Dr. Johnson served as Commander for the 22nd Medical Detachment at the US Army Health Clinic in Neu-Ulm, Germany.

Dr. Johnson was Chief of the Family Practice Clinic Service at the 98th General Hospital in Nuremberg, Germany.

He was on the teaching staff for a year at the Fort Benning Residency Program.

In 2000, Dr. Johnson opened his private practice in Austin, and has enjoyed caring for his patients there ever since.

Dr. Johnson has been listed in publications such as, "Guide to America's Top Family Doctors," "Austin's Top Family Doctors," and "America's Top Doctors."

Dr. Johnson is Board Certified in Family Medicine.

## AWARDS & ACHIEVEMENTS

Dr. Johnson is a Texas native. He was born in San Antonio and graduated high school there. Raised in a military family, he lived in several states throughout his childhood. He has made Austin "home" with his wife, Carol, where they have raised 3 children. He enjoys Classical and Jazz music, keeping up-to-date with technology, and studying History.

He hopes to impact the medical field by shifting its focus to integrative and preventative medicine.

1 COMPREHENSIVE PHYSICAL  
1 CUSTOMIZED WELLNESS PLAN  
365 DAYS OF HEALTH

## YEARLY COMPREHENSIVE PHYSICAL

The cornerstone of care is the comprehensive yearly physical. Your exam will take as long as needed and will include comprehensive lab work and screenings.

After the physical, we will meet and discuss the results of your examination and tests, identify areas on which we need to focus, and craft an annual wellness plan customized just for you. We will work together throughout the year to ensure that you are implementing your plan. If you are not realizing the results you desire, we will adjust your plan.

While we will bill your insurance for the physical and follow-up visits, you will not be required to pay any additional out-of-pocket fees above your standard co-payment and deductible. Lab tests and x-rays may be charged separately.

### To get started, please choose one of the following:

1. Visit our office at the address listed below
2. Call (866) 883-8859 ext 325
3. Visit us online at [www.signatureMD.com/johnson](http://www.signatureMD.com/johnson)



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The national healthcare debate has created widespread awareness of the US Healthcare Crisis. Primary care medicine is no longer based on the one-on-one relationship between physician and patient, but has evolved into an impersonal system in which patients are seen by anonymous medical providers in seven-minute visits at large clinics. In this new healthcare setting, your provider is most likely not a doctor, doesn't know your history, doesn't know you, and never will.

*Patients under personalized care programs experience 65% fewer hospitalizations than like age counterparts.*

Concerned patients are therefore taking a serious interest in taking charge of their own health by changing their focus from visiting the doctor only when they are ill, to working with their doctor to stay healthy.

Dr. Johnson is committed to providing each and every one of his patients with the finest in preventive care, state-of-the-art diagnostics & treatments, and appointments that start on time and last as long as necessary.

Longer visits enable Dr. Johnson to provide comprehensive whole-person care, rather than the more typical treatment of limited issues per visit.

By limiting his panel of patients to 600, Dr. Johnson will be able to partner with you to optimize your health.

This partnership will enable increased time for patient-doctor interaction, patient education, preventive care, and follow up.

Dr. Johnson understands that having more time to take an active role in the health of his patients can enable him to better detect early signs of serious illness; increase life expectancy, quality of health, and overall patient satisfaction; and decrease the need for prescription drugs.



### IS IT THE RIGHT DECISION FOR YOU?

**Only you can answer this question.** Dr. Johnson will dedicate himself to helping you avoid such deadly conditions as: obesity, diabetes, high blood pressure, high cholesterol, and heart disease. Dr. Johnson's goal is to not only add years to your life, but quality to those years.

**Consider this:** The cost of preventive care is approximately \$5 a day. The lifetime cost of a stroke is approximately \$140,000.

\* Approximation based on typical "Annual Membership Fee"

## EXPECT MORE FROM PERSONALIZED CARE

- Focus on Preventive Health
- Availability 24 Hours a Day, 7 Days a Week
- Same (or) Next Day Appointments
- On Time and Longer Appointments
- A Comprehensive Physical Consultation
- Custom Tailored Wellness Plan

### IT'S ALL ABOUT YOUR HEALTH



**Did you know?** 60% of early deaths are a result of behaviors and/or chronic conditions that are preventable.

Dr. Johnson will work with you to identify any underlying factors in your lifestyle that may lead to a chronic condition; he will develop a customized wellness program that may reduce symptoms, improve your quality of life, and help avert diseases such as stroke, diabetes and heart disease.

Isn't it time you made the most important investment of your life, the investment in your health?