

## EDUCATION

Dr. D'Addario graduated from Wayne State University in 1984, and subsequently completed his residency at Wayne State University/DMC in 1987.

After completion of his residency, Dr. D'Addario began practicing medicine in St. Clair Shores and has been practicing here ever since.

## MEDICAL CAREER

In 1995, Dr. D'Addario began a successful partnership with Dr. Neisch, a partnership that would be highlighted with the opening of Eastside Internal Medicine in July of 2002.

Dr. D'Addario has been board certified in Internal Medicine since 1988.

Dr. D'Addario has been recognized for his excellence, receiving the Patients' Choice Award (PatientsChoice.org) in 2008, 2009, 2010, 2011, and 2012.

Like Dr. Neisch, Dr. D'Addario is a strong advocate of providing patients with a superior level of treatment and service by way of a more personalized approach to healthcare.

Currently, Dr. D'Addario is on staff at St. John Hospital and Medical Center.

## PERSONAL

He currently lives in Shelby Township with his wife Margaret. They have successfully raised four wonderful children. They enjoy spending time with their family, especially at their cottage up north. In his spare time, he enjoys running and martial arts. He also loves to read and attend bible study fellowship.

1 COMPREHENSIVE PHYSICAL  
1 CUSTOMIZED WELLNESS PLAN  
365 DAYS OF HEALTH

## YEARLY COMPREHENSIVE PHYSICAL

The cornerstone of care is the comprehensive yearly physical. Your exam will take approximately ninety minutes and will include comprehensive lab work and screenings.

After the physical, we will meet and discuss the results of your examination and tests, identify areas on which we need to focus, and craft an annual wellness plan customized just for you. We will work together throughout the year to ensure that you are implementing your plan. If you are not realizing the results you desire, we will adjust your plan.

While we will bill your insurance for the physical, you will not be required to pay any additional out-of-pocket fees above your standard co-payment and deductible. Lab tests and x-rays may be charged separately.

## GET STARTED

### CHOOSE ONE OF THE FOLLOWING:

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**Stephen D'Addario, MD**

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**The national healthcare debate** has created widespread awareness of the US Healthcare Crisis. Primary care medicine is no longer based on the one-on-one relationship between physician and patient, but has devolved into an impersonal system in which patients are seen by anonymous medical providers in seven-minute visits at large clinics. In this new healthcare setting, your provider is most likely not a doctor, doesn't know your history, doesn't know you, and never will.

***Patients under personalized care programs experience 65% fewer hospitalizations than like age counterparts.***

Thoughtful patients are therefore taking a serious interest in taking charge of their own health by changing their focus from visiting the doctor only when they are ill, to working with their doctor to stay healthy.

Dr. D'Addario is committed to providing each and every one of his patients with the finest in preventive care, state-of-the-art diagnostics & treatments, and appointments that start on time and last as long as necessary.

Longer visits enable Dr. D'Addario to provide comprehensive whole-person care, rather than the more typical treatment of one issue per visit.

By limiting his panel of patients to 600, Dr. D'Addario will be able to partner with you to optimize your health.

This partnership will enable increased patient-doctor interaction, patient education, preventive care, and follow up.

Dr. D'Addario understands that taking an active role in the health of his patients can enable him to detect early signs of serious illness; increase life expectancy, quality of health, and overall patient satisfaction; and decrease the need for prescription drugs.



## IS IT WORTH THE COST?

**Only you can answer this question.** Dr. D'Addario will dedicate himself to helping you avoid such deadly conditions as: obesity, diabetes, high blood pressure, high cholesterol, and heart disease. Dr. D'Addario's goal is to not only add years to your life, but quality to those years.

**Consider this:** The cost of preventive care is approximately \$140 a month. The lifetime cost of a stroke is approximately \$140,000.

\* Approximation based on typical "Annual Membership Fee"

## EXPECT MORE FROM PERSONALIZED CARE

- Focus on Preventive Health
- Availability 24 Hours a Day, 7 Days a Week
- Same (or) Next Day Appointments
- On Time and Longer Appointments
- A Comprehensive Physical Consultation
- Custom Tailored Wellness Plan

## IT'S ALL ABOUT YOUR HEALTH



**Did you know?** 60% of early deaths are a result of behaviors and/or chronic conditions that are preventable.

Dr. D'Addario will work with you to identify any underlying factors in your lifestyle that may lead to a chronic condition; he will develop a customized wellness program that may reduce symptoms, improve your quality of life, and help avert diseases such as stroke, diabetes and heart disease.

*Isn't it time you made the most important investment of your life, the investment in your health?*