

## Expect More from Personalized Care

As a member of Dr. Alonso's Personalized Care Program you can expect the following:

- A custom tailored wellness plan
- Dr. Alonso's undivided attention
- Same or next business day appointments
- On time and unhurried appointments
- 24/7 availability via dedicated phone or email
- Office visits for visiting friends and family

*Isn't it time for you  
to invest in you?*



## A Partnership for Proactive Care

We will work together, in partnership, to further optimize your well-being. An important step in this process will be the development of your personalized wellness plan.

We will meet and discuss the results of your examination and tests, identify areas on which we need to focus, and craft a wellness plan personalized just for you. We will work together to ensure that you are implementing your plan.

We will continue to bill your insurance company for the processing of your medical benefits.

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## To Get Started

1. Visit our office at the address listed below
2. Call our office at: (530) 896-0386
3. For more info visit: [www.signatureMD.com/alonso](http://www.signatureMD.com/alonso)

### David Alonso, MD

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## David Alonso, MD

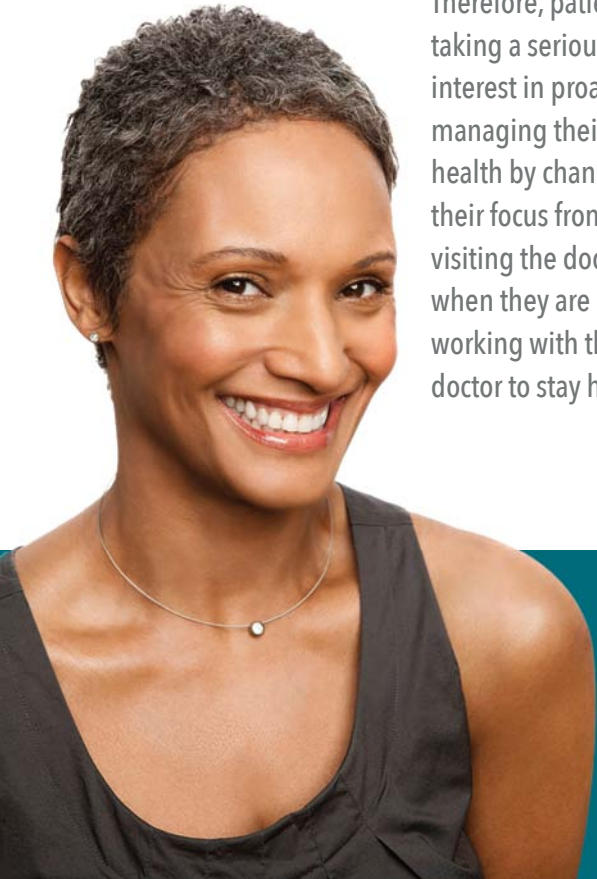
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**Revolutionize Your Health**

## Why Personalized Care, Why Now?

Simply put, the current US Healthcare model is broken. Today's Healthcare system focuses on disease management rather than wellness management. Decreased payments for medical services and mounting paperwork are keeping quality physicians from spending enough time with patients. Primary care medicine is no longer based on the one-on-one relationship between physician and patient, but has devolved into an impersonal system in which patients are seen by anonymous medical providers.

Therefore, patients are taking a serious interest in proactively managing their own health by changing their focus from visiting the doctor only when they are ill, to working with their doctor to stay healthy.



## Dr. Alonso

is committed to each and every one of his members.

Dr. Alonso received his Bachelor of Science degree from California State University and his Doctor of Medicine from Temple University School of Medicine. He completed his residency at Dartmouth-Hitchcock Medical Center in Lebanon, New Hampshire.

Dr. David Alonso has over 11 years of experience in the treatment and prevention of a wide range of adult diseases. His knowledge and ability to provide accurate diagnosis is well received in the medical community. He is currently Board Certified in Internal Medicine by the American Board of Internal Medicine. He has dedicated his career to operating a clinic that offers the peace of mind his patients need while establishing a doctor-patient relationship designed to help foster his patients' treatment. "I have been teaching residents and students whenever the opportunity arises that includes teaching patients in regards to their health issues and diseases. I love to be able to take the time and answer questions in detail."

By limiting his panel to 300 members, Dr. Alonso will be able to partner with you to optimize your well-being.

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**As one of a few, rather than one of many, members will enjoy enhanced availability and services from Dr. Alonso.**

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This partnership will enable increased patient-doctor interaction, patient education and follow up.

By taking an active role in their healthcare, people may detect early signs of serious illness and improve overall well-being.

## Is It Worth The Cost?

**Membership fees cost approximately \$5 per day**

Approximation based on typical "Annual membership Fee"

The peace of mind of knowing that your trusted physician, Dr. Alonso, is just a phone call or email away is priceless.



# Ask yourself, are you worth it?

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