



We're taking a more personalized and integrative approach to your care

Arrow Family Medicine

We believe that the goal of healthcare should be to prevent health issues, rather than simply treat them. That's why we're incorporating functional and integrative medicine into our practice.

Instead of adhering to the standard healthcare model, which focuses on managing illness, we're breaking the mold to provide personalized attention and improved care options, designed to help you reach and maintain your health goals.

With this new program, you'll experience benefits such as:



A functional and integrative wellness approach to your health



Unhurried appointments that begin on time



Food as treatment and nutritional wellness approach to your health



Traditional and alternative treatment options as part of your healthcare plan

Your SignatureMD healthcare partner Arrow Family Medicine

Robin Hurst, DO

Beth LoPresti, CRNP

Experienced, compassionate care for the entire family. A more personalized and integrative care model. It's our intention to serve our local community with the highest quality healthcare that is founded on comprehensive and compassionate medical principles—"comprehensive" in our approach to treating your whole well-being and "compassionate" in the manner with which our office strives to care for your healthcare needs.

The remedy for a broken healthcare system

Under the current U.S. traditional healthcare model, the typical medical practice must maintain a roster of thousands of patients just to remain sustainable. This means that patients typically have to wait more than 20 minutes for a mere 13-minute visit with their doctor. Even worse, once they see the doctor, their care options are limited to treatments only allowed by their insurance provider as medically necessary.

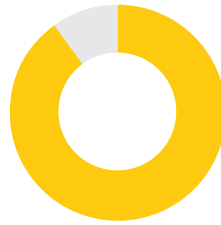
To remedy this problem, Arrow family medicine has made the decision to make a change away from just our traditional care model to a membership modal, that will ultimately allow us to bring a functional and integrative medicine approach to your healthcare needs. This will allow us to spend more time overall with each of you, unpacking underlying root causes of your chronic symptoms (insomnia, chronic fatigue, "foggy brain," weight gain, muscle aches, hormone issues, headaches, rashes, GI symptoms...) and developing a more holistic plan to treat and manage these symptoms. "Food first" as our priority, with Functional medicine, Arrow will be equipped to bring nutritional counseling, education, and support as we walk alongside you towards health and healing. We'll be better able to spend time addressing "gut function" and how we can help you have a healthy gut or heal your unhealthy gut. And, ultimately, we'll have the time to spend educating and helping support you as you learn that many chronic symptoms can be managed with change in diet and lifestyle. Last, we at Arrow family medicine do believe that vitamins and natural supplements can sometimes offer a more beneficial and less harmful approach to healing and health when it comes to chronic illness and symptoms. We'll be able to help weigh the benefits and risks of traditional and non-traditional treatment options and when one might be the better option.

How the Personalized Care Program works

Implementing your Personalized Care Program is the first step toward reaching your health goals. We'll work together to detect early signs of illness and, through increased interaction, education, and follow-up, strive to keep you healthy and vibrant.

Let us show you how to take the first step toward better health now.

Learn how our personalized healthcare approach may help detect early signs of serious illness and improve your overall well-being. Visit us online or call our office for additional details.



90% of membership patients are satisfied with their care according to the AARP

We'll spend the time to discuss the results of your examination and tests, identify areas for improvement, and craft a personalized plan based on our agreed-upon objectives. Once your plan has been established, we'll work closely with you to monitor your progress and ensure that you stay on track..

Ultimately, good health costs less than poor health

Under this new program, you'll benefit from some of the finest service and most attentive care in the nation. Our goal is to help you optimize your well-being and spend less money over the long term on expenses like prescription drugs, hospitalization, specialist visits, and other costs associated with managing disease.

To cover the additional services and attention you'll receive from the doctor, you'll be asked to pay an affordable membership fee for services that aren't covered by your insurance plan; however, we'll also continue to bill your insurance company for processing of your covered medical benefits.

Live your best life with enhanced programs

Take your health to the next level with exclusive membership perks such as advanced testing, connection to experts, and discounts on products and services, lab screenings, prescriptions, and so much more.



SignatureMD
Human. Health. Care.

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